

THE PARENT LINE

Oahu
526-1222



Neighbor Islands Call Toll-free:
1-800-816-1222
(VOICE & TDD AVAILABLE)

Weekdays 8am to 6 pm
Saturday 9am to 1pm

The Parent Line is a free statewide confidential telephone line which offers support and information to parents and other caregivers. The phone line staff will help you problem-solve parenting challenges and child and adolescent behavior and development issues. Community resources information and parenting handouts are available.

THE PARENT LINE SERVES:

Parents with children 0 - 20 years • Expectant Parents
Grandparents and Other Family • Teachers • Child Care Providers
Health Care Providers • Social Workers • Mental Health Specialists
Other Professionals

ANYONE with concerns about parenting

ISSUES INCLUDE:

BEHAVIOR AND DEVELOPMENT:

• Aggression	• Biting	• Temper Tantrums
• Toilet Teaching	• Eating	• Breastfeeding/Weaning
• Bedtime	• Fears	• Communication
• Power Struggles	• Lying	• School Readiness
• Peer Relations	• Homework	• Discipline/Limit Setting
• Sibling Rivalry	• Puberty	• Separation Anxiety
	• Teen Transitions	
<i>FAMILY CONCERNS:</i>		
• Daily Routines/Chores	• Deployment	• Death
• Single Parenting	• Separation/Divorce	• Television/Internet
• Step-Parenting	• Custody/Visitation	

THE PARENT LINE provides information on community resources such as:

Parenting Classes
Support Groups

Play Groups
Social Services

Breastfeeding Support
Developmental Evaluations

Visit our website at: <http://www.theparentline.org>

Funded by the Maternal and Child Health Branch, Hawai'i State Department of Health