



COMMUNITY
CASE MANAGEMENT
CORP.
PO BOX 2818 AIEA, HAWAII 96701



COMMUNITY CASE MANAGEMENT CORP.



CCMC

DENTAL CARE GUIDELINES

TO RECEIVE DENTAL BENEFITS

- You must be eligible for QUEST or Medicaid.
- To verify current eligibility, providers may call 1-(800) 882-4608.

CHILDREN'S BENEFITS

- Children through 20 years of age are eligible for routine dental care, including periodic examinations, x-rays, preventive and treatment services.
- Benefits do not include routine orthodontic care.

ADULT BENEFITS

- Adults 21 years and older have benefits which are limited to emergency treatment.
- Emergency treatment includes services to reduce pain and treat dental infections. It does not include dental "fillings", teeth cleaning or denture repairs

WHO TO CALL

- For help in finding a dentist who accepts your Medicaid coverage, call CCMC at (808) 486-8030 (Oahu) or 1-866-486-8030 (neighbor islands).
- If you haven't received your insurance card, call **DHS** at (808) 524-3370 and neighbor island (toll free) at 1-800-316-8005
- If you have changes in your address, phone number or primary insurance, call your eligibility worker.
- If you need an interpreter, call CCMC.
- Transportation can be provided when no other means of public or private/personal transportation is available. Call CCMC.

CONTACTING COMMUNITY CASE MANAGEMENT CORP. (CCMC)

Oahu 486-8030 Neighbor Islands (toll free) 1-866-486-8030
Fax 486-8031 or (toll free) 1-866-486-8031

HOURS: Monday through Friday, 8 a.m. to 5 p.m. (except holidays)

If you call outside these hours, leave your name, phone number, date of birth, recipient ID number, and reason for your call. We'll call back either the same day or the next.

Via e-mail: ofcmgr@ccmcorp.net
or internet: www.ccmchawaii.net

GETTING STARTED EARLY YOU AND YOUR CHILD'S HEALTH

- A lifetime of good dental health starts at home with daily oral hygiene and a healthy diet. Regular visits to the dentist every 6 months help prevent tooth decay and other dental problems from developing.

BEFORE A VISIT TO THE DENTIST

- Call early for an appointment and give plenty of information, such as existing medical problems. This can make a difference in the treatment your child will receive.
- CCMC can help schedule an appointment with a dental specialist, when needed.
- If you have trouble finding a dentist, call CCMC for help in setting up an appointment

APPOINTMENT DAY

- Keep your appointment and arrive on time.
- Late arrivals may have to be rescheduled.
- Always bring your Medicaid identification card to your appointment.

AFTER THE VISIT

- Follow the dentist's instructions.
- Brush at least twice a day.
- Floss at least once a day.
- Return for follow-up visits as recommended by your dentist.



HERE'S HOW YOU CAN HELP . . .

There are many ways that you - a parent, an auntie, an uncle, a tutu, a friend - can help the young ones in your care achieve good dental health. You can start early in their life.

How early? Preventive dentistry begins with the first tooth, which usually comes in when the child is between 6 and 12 months old. Take your child to the dentist when that first tooth appears, and then at least twice a year after that.

It will help keep their mouth healthy.

Here are steps you can take for your infant to get him or her off to a good start in dental health.

GOOD DENTAL HEALTH

A. Birth to 6 months

- Gently clean baby's mouth with a soft damp wash cloth after feedings and at bed-time.
- Ask your pediatrician or dentist about fluoride supplements.
- Avoid sugary drinks including sweetened water.

B. 6 to 12 months

- Baby's first tooth should appear about 6 months of age.
- Begin to brush teeth with plain water after each feeding and at bathtime using a small, soft-bristled brush.
- When the baby begins to crawl and walk be alert to possible dental injuries due to falls.
- Arrange baby's first dental appointment when that first tooth appears.

C. 12 to 24 months

- Follow a schedule of exams and cleanings recommended by your dentist.
- Brush baby's teeth daily.
- Have baby practice drinking with a straw from a cup. Discontinue using a baby bottle when baby can drink from a cup.

D. 24 months and older

- Brush effectively twice a day with a small amount of fluoride toothpaste.
- Seek regular dental check-ups at least once every 6 months.
- Avoid candy and other sugary snacks.

WHY DENTAL CARE?

- Tooth decay is the most common disease of childhood-five times more frequent than asthma. Dr. David Satcher, U.S. Surgeon General has called tooth decay "America's silent epidemic."
- Children with healthy teeth eat better and absorb more nutrients from the food they eat.
- Decayed teeth can contribute to other health problems. Children with healthy teeth are at lower risk of chronic illness.
- Children with healthy teeth do not suffer from the pain and infection of oral disease.
- Children with healthy teeth are more attentive in school and miss fewer school days due to illness.
- Children with healthy teeth develop good self-esteem, social skills and speech skills.

If you or a dependent are eligible for Medicaid or Hawaii QUEST, please read this brochure for important information on your dental benefits. You'll also find helpful advice on starting your children on a life of good dental health.



Q & A: KEEPING YOUR TEETH AND GUMS HEALTHY

- A. How many times should you brush a day?
- B. How often should you floss?
- C. How often should you visit your dentist for a cleaning and check-up?

Read further and you'll find out the answers to these questions.....