

**PEDIATRICS ISLAND  
STYLE:**  
*A Hawaii Approach to  
Pediatric Weight Management*

**November 8, 2007**

**Hilton Hawaiian Village—Tapa Tower  
2nd Floor—Honolulu Suite  
2005 Kalia Road, Honolulu HI 96815**

Jointly Sponsored by:

**American Academy of Pediatrics**

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Hawaii Chapter

and



**THE QUEEN'S  
MEDICAL CENTER**

# PEDIATRICS ISLAND STYLE—November 8, 2007

## *Who Should Attend?*

Practicing primary care pediatricians, pediatricians in training, family practitioners, pediatric nurse practitioners, dietitians, Women Infant and Children (WIC) personnel, public health nurses and allied health professionals.

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## *Goal*

The goal of “Pediatrics Island Style” is to introduce, understand, and examine the details of implementing the HAAP Physician Pediatric Weight Management Toolkit in the office setting and to improve management of the overweight pediatric patient.

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## *Continuing Education Credit*

### *Physicians*

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The Queen’s Medical Center and the Hawaii Chapter of the American Academy of Pediatrics. The Queen’s Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

The Queen’s Medical Center designates this educational activity for a maximum of 4.25 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### *Nurses*

Approved for 4.25 contact hours by The Queen’s Medical Center, #PA-52/May/08, which is an approved provider of continued education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Contact hours will be provided upon attendance of the entire program and completion of a course evaluation.

The sponsors gratefully acknowledge support of this conference in the form of an educational grant from Abbott Nutrition.

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## PROGRAM SCHEDULE

**NOON to 1:00PM**    **REGISTRATION and LUNCH**

**12:45PM**            **WELCOME & CHAPTER BUSINESS**

**1:00PM**            **AN APPROACH TO PEDIATRIC WEIGHT MANAGEMENT: THE HAAP PHYSICIAN TOOLKIT—Galen Chock, M.D., FAAP**

After completing this educational activity, participants should be able to:

- Discuss the call to action for Pediatricians to address the pediatric obesity problem and the medical model to affect change in patients, families and the community.
- Explain how the physician toolkit can be assimilated into everyday practice.
- Explain Manpo-kei and how to set the example for pediatric patients and their families.

**1:45PM**            **TWENTY YEARS OF TREATING PEDIATRIC OBESITY—Sandra Hassink, M.D., FAAP**

After completing this educational activity, participants should be able to:

- Discuss the expert panel recommendations for obesity assessment, prevention and treatment.
- Evaluate obesity related comorbidities.
- Explain an integrated health systems approach to obesity.

**2:30PM**            **FROM RICE REALITY TO BEVERAGE BATTLE: Dietary Rationale for Hawaii's Overweight Children—Nicole Angelique Kerr, MPH, RD**

After completing this educational activity, participants should be able to:

- Review the scientific basis for dietary and physical activity recommendations in the toolkit.
- Discuss the results of the pediatrician and parent focus groups and how it shaped the parent handouts.
- Demonstrate how to guide parents to different behavior modification choices.

**3:10PM—3:30PM**    **Refreshment Break**

**3:30PM**            **THE OBESITY EPIDEMIC: Adults and Adolescents—are they the same? Kenric M. Murayama, M.D., FACS**

After completing this educational activity, participants should be able to:

- Review NIH-approved indicators for bariatric surgery in adults.
- Review indications for considering bariatric surgery in adolescents.
- Discuss important components of a comprehensive weight management program.
- Describe two types of bariatric operations.

**4:15pm**            **OBESITY AS A DISEASE—Sandra Hassink, M.D., FAAP**

After completing this educational activity, participants should be able to:

- Review the pathophysiology of obesity.
- Explain how obesity relates to diseases and outcomes.
- Discuss strategies to identify, monitor and treat obesity in children.

**5:00pm**            **ASK THE EXPERTS—All speakers available as a panel for Questions**

**5:30pm**            **PAU**

*About Our Speakers*

**Galen Chock, MD, FAAP**

Dr. Chock is currently President of the Hawaii Chapter of the American Academy of Pediatrics and the Pediatric Foundation of Hawaii. He is an Associate Clinical Professor of Pediatrics with the University of Hawaii John A. Burns School of Medicine and Chief of the Department of Pediatrics at The Queen's Medical Center.

**Sandra Hassink, MD, FAAP**

Dr. Hassink is currently the Director of the Pediatric Weight Management Clinic at A.I. DuPont Hospital for Children in Wilmington, Delaware and Assistant Professor of Pediatrics, Jefferson Medical College, Thomas Jefferson University in Philadelphia. Dr. Hassink sits on the Board of the American Academy of Pediatrics as District III Chair; is a member of the AMA expert writing panel on childhood obesity; is Co-chair of the APA Obesity Special Interest Group; and a member of the American Academy of Pediatrics' National Task Force on Obesity.

Dr. Hassink's publications include:

- A Parent's Guide to Childhood Obesity: A Road Map to Health
- Pediatric Obesity: Prevention, Intervention and Treatment Strategies for Primary Care
- A Clinical Guide to Pediatric Weight Management and Obesity

**Nicole Angelique Kerr, MPH, RD**

Ms. Kerr is President of Nicole Kerr Consulting, LLC which provides Nutrition Therapy and Health Communications Consulting. Ms. Kerr is a Nutritionist Therapist in private practice in Honolulu and a consultant on Health Education and Wellness to Hawaii's DOE, DOH, Kapiolani Medical Center for Women and Children, University of Hawaii Department of Athletics and School of Nursing, and the South Australia Department of Education and Children's Services.

Ms. Kerr received her Master in Public Health, Nutrition in 1995 from the University of Minnesota and became a registered dietician the same year.

**Kenric M. Murayama, MD, FACS**

Dr. Murayama is currently Director, Center for Minimally Invasive Surgery and Director, Comprehensive Weight Management Program at The Queen's Medical Center. He is also Professor of Surgery; Associate Chair for Robotics & Emerging Technologies; and Chief, General Surgery, University of Hawaii John A. Burns School of Medicine Department of Surgery.

Dr. Murayama received his MD from the University of Hawaii John A. Burns School of Medicine in 1985 and completed his surgical residency program at Northwestern University.

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## REGISTRATION

*Registration Deadline—October 26, 2007\**

Name \_\_\_\_\_ Degree \_\_\_\_\_  
Specialty \_\_\_\_\_ License # \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

Current Hawaii Chapter Member? YES NO

### Registration Fees

	<b>Early Bird</b> Before 10/12/07	<b>General</b> After 10/12/07
<b>AAP-Hawaii Chapter Members</b>	\$ 75.00 each	\$100.00 (x ) = \$ _____
<b>Physicians in Training</b>	\$ 45.00 each	\$ 45.00 (x ) = \$ _____
<b>Non-Member Physicians</b>	\$125.00 each	\$150.00 (x ) = \$ _____
<b>Allied Health Professionals</b>	\$ 90.00 each	\$115.00 (x ) = \$ _____
<b>Total Amount Due</b>		\$ _____

*Deadline to register—10/26/07 Sorry, no refunds after 10/26/07*

Please complete this form & mail it with your check for the total amount due.  
Checks should be made payable to AAP—Hawaii Chapter.

***Mail before 10/25/07***

Mail registrations to:  
Kathryn Sthay  
AAP-Hawaii Chapter  
5414 Kirkwood Place  
Honolulu, HI 96821

For more information, please contact Kathryn Sthay at: aaphawaii@hawaiiantel.net  
Phone (808)377-5738 Fax (808)377-3683